



THERAPEUTIC INSPIRATIONS: Using the Arts to Spark Creativity in Clinical Practice

May 20, 8:30 am – 1 pm

In honor of Mental Health Month, NWA Premier Counseling and Crystal Bridges celebrate art and its healing properties!

Hear from a panel of four local therapists who use art therapy and the expressive arts to promote restoration and growth in their clients, and join educators in the galleries for small-group discussions based on works of art.

\$75 (\$60 for Crystal Bridges Members). To register, call 479.372.7446 or email : info@nwapremiercounseling.com

WORKSHOP AGENDA

8:30 – 9:00 am Registration & Refreshments

9:00 – 9:30 am Introductions

9:30 – 10:45 am PANEL DISCUSSION: Art Therapy & Creativity in Practice

Jo Ann Kaminsky
M.Ed, LPC, ATR-BC, RPT-S

Elise Lunsford
MA, LPC, ATR-BC

Kevin Williams
MA, MS, LPC, LMFT, ATR-BC

Lauren Little-Levine
MA, LPC

10:45 – 1:00 pm Break

11:00 – 12:30 pm Interactive Gallery Experience

12:30 – 1:00 pm Wrap-Up & Reflections

CEU credit (4 hours) will be awarded. Seating is limited to 40 participants. Questions? Call NWA Premier Counseling at 479.372.7446.



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CRYSTAL BRIDGES
MUSEUM OF AMERICAN ART